

# 25. Bergisch Gladbacher Bahnlaufserie am 16. / 23. / 30.08.2007

## Langstreckenserie - Endstand

Platz	St-Nr	Name	Vorname	Jg	Verein	3000 m	5000 m	10000 m	Summe	AK
<b><u>Frauen</u></b>										
1	381	Rowland	Hollie	88	SG Neunkirchen-Hülchrath	10:05,59	17:32,54	37:18,38	<b>1:04:56,51</b>	WJA
2	159	Lennartz	Birgit	65	LLG St. Auugstin	11:18,25	19:13,89	39:43,07	<b>1:10:15,21</b>	W40
3	397	Berenfeld	Irina	73	LT DSHS Köln	11:09,52	19:15,69	40:35,74	<b>1:11:00,95</b>	W30
4	162	Kanditt	Katja	77	Mönchengladbacher LG	11:08,93	19:30,93	41:16,25	<b>1:11:56,11</b>	W30
5	385	Vincentz	Barbara	63	TV Hofnungsthal	11:37,64	19:51,42	42:45,12	<b>1:14:14,18</b>	W40
6	349	Müller	Monika	49	ART Düsseldorf	13:20,47	23:14,88	48:40,90	<b>1:25:16,25</b>	W55
<b><u>Männer</u></b>										
1	347	von Kuk	Carsten	67	LT DSHS Köln	8:54,89	15:15,32	31:43,41	<b>0:55:53,62</b>	M40
2	207	Meißner	Pascal	83	TV Refrath	8:52,50	15:21,60	31:48,41	<b>0:56:02,51</b>	MHK
3	201	Tarekegne	Jonas Worede	86	Aachener TG	9:01,54	15:45,05	32:09,79	<b>0:56:56,38</b>	MHK
4	213	Schnorr	Stefan	85	Aachener TG	9:08,76	15:47,84	33:05,54	<b>0:58:02,14</b>	MHK
5	216	Horvath	Frank	65	LAV Oberhausen	9:24,88	16:00,51	34:17,30	<b>0:59:42,69</b>	M40
6	217	Wienecke	Thorsten	71	LG Göttingen	9:41,75	16:35,47	34:10,11	<b>1:00:27,33</b>	M35
7	361	Holberg	Frank	81	LG Remscheid	9:38,71	16:49,99	34:44,92	<b>1:01:13,62</b>	MHK
8	180	Feldhoff	Bernd	62	TSV Solingen	10:14,36	16:56,25	35:04,01	<b>1:02:14,62</b>	M45
9	194	Theis	Frank	64	TSV Rönsahl	10:02,29	17:06,33	35:12,76	<b>1:02:21,38</b>	M40
10	372	Hörniß	Alexander	70	TV Refrath	9:56,90	17:25,25	35:26,63	<b>1:02:48,78</b>	M35
11	169	Teicher	Ralf	69	Bergisch Gladbach	10:06,56	17:28,44	36:05,21	<b>1:03:40,21</b>	M35
12	370	Büngeler	Herbert	57	DLC Aachen	10:01,83	17:27,08	36:15,12	<b>1:03:44,03</b>	M50
13	368	Furk	Alwin	79	Wiehltaler LC	10:05,23	17:52,53	36:20,05	<b>1:04:17,81</b>	MHK
14	376	Wölfel	Wilhelm	60	TuS Weiershagen-Forst	10:16,56	17:48,60	37:00,00	<b>1:05:05,16</b>	M45
15	178	Hymmen	Werner	53	TG Neuss	10:29,76	17:57,37	37:07,42	<b>1:05:34,55</b>	M50
16	176	Schmidt	Friedbert	62	TV Ruppichterath	10:32,08	17:57,04	37:08,12	<b>1:05:37,24</b>	M45
17	184	Füchtler	Klaus	60	Vfl Engelskirchen	10:28,44	17:56,32	37:13,42	<b>1:05:38,18</b>	M45
18	193	Niederwipper	Harald	62	TSV Rönsahl	10:31,25	18:04,17	37:17,18	<b>1:05:52,60</b>	M45
19	379	Redlich	Michael	61	TUS Weiershagen-Forst	10:40,06	17:57,08	37:28,61	<b>1:06:05,75</b>	M45

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<b>Platz</b>	<b>St-Nr</b>	<b>Name</b>	<b>Vorname</b>	<b>Jg</b>	<b>Verein</b>	<b>3000 m</b>	<b>5000 m</b>	<b>10000 m</b>	<b>Summe</b>	<b>AK</b>
20	174	Oberndörfer	Martin	72	LAZ Puma Troisd./Siegb.	10:24,14	18:27,04	37:31,10	<b>1:06:22,28</b>	M35
21	185	Keloudis	Georgios	69	TSV Rönsahl	10:38,22	18:07,85	38:14,60	<b>1:07:00,67</b>	M35
22	192	Munir	Khalid-Iljas	84	ASV Köln	10:34,71	19:01,06	38:25,23	<b>1:08:01,00</b>	MHK
23	382	List	Thomas	70	SG Neunkirchen-Hülchrath	10:41,10	18:38,57	39:01,56	<b>1:08:21,23</b>	M35
24	390	Liesen	Bernhard	57	TV Hasslinghausen	10:59,39	18:42,93	39:14,84	<b>1:08:57,16</b>	M50
25	380	Mauter	Jörg	65	Wiehltaler LC	11:05,31	19:26,77	38:27,30	<b>1:08:59,38</b>	M40
26	377	Theune	Carsten	72	Central-Team	10:59,98	19:21,16	39:55,49	<b>1:10:16,63</b>	M35
27	389	Stöcker	Herbert	50	Pulheimer SC	11:39,38	19:27,87	39:48,70	<b>1:10:55,95</b>	M55
28	156	Baldus	Alexander	67	ESV Gremberghoven	11:14,93	19:50,34	39:53,91	<b>1:10:59,18</b>	M40
29	166	Reinartz	Karl-Josef	51	Oberodenthaler SC	11:25,36	19:43,99	40:49,76	<b>1:11:59,11</b>	M55
30	164	Hayner	Hans-Martin	63	TG Neuss	11:36,99	19:38,15	41:05,37	<b>1:12:20,51</b>	M40
31	154	Kuhl	Dietmar	67	THC Rot-Weiß Berg.Glb.	11:10,77	20:04,33	41:57,83	<b>1:13:12,93</b>	M40
32	165	Waldoff	Michael	61	ASV Köln	11:47,59	20:07,28	41:20,08	<b>1:13:14,95</b>	M45
33	158	Hoffmann	Christoph	68	TSV Rönsahl	11:35,46	19:48,66	42:06,51	<b>1:13:30,63</b>	M35
34	160	Podzus	Horst	61	Bergisch Gladbach	11:40,48	20:20,23	41:54,12	<b>1:13:54,83</b>	M45
35	384	Orth	Hermann Josef	50	TV Hoffnungsthal	11:54,32	20:54,67	43:25,16	<b>1:16:14,15</b>	M55
36	227	Krüger	Gerhard	40	TV Refrath	12:10,27	21:38,00	44:22,18	<b>1:18:10,45</b>	M65
37	344	Metzinger	Jürgen	67	Bergisch Gladbach	12:20,94	21:36,19	44:23,23	<b>1:18:20,36</b>	M40
38	341	Hauptmann	Dietmar	67	Overath	12:23,05	21:21,79	45:34,20	<b>1:19:19,04</b>	M40
40	348	Müller	Johann Baptist	46	ART Düsseldorf	12:26,21	21:46,38	46:53,81	<b>1:21:06,40</b>	M60
39	367	Fischer	Wilhelm	41	LG Gummersbach	13:50,57	22:47,94	46:32,32	<b>1:23:10,83</b>	M65

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Platz	St-Nr	Name	Vorname	Jg	Verein	3000 m	5000 m	10000 m	Summe	AK
<b><u>Master M40 u.ä.</u></b>										
1	347	von Kuk	Carsten	67	LT DSHS Köln	8:54,89	15:15,32	31:43,41	<b>0:55:53,62</b>	M40
2	216	Horvath	Frank	65	LAV Oberhausen	9:24,88	16:00,51	34:17,30	<b>0:59:42,69</b>	M40
3	180	Feldhoff	Bernd	62	TSV Solingen	10:14,36	16:56,25	35:04,01	<b>1:02:14,62</b>	M45
4	194	Theis	Frank	64	TSV Rönsahl	10:02,29	17:06,33	35:12,76	<b>1:02:21,38</b>	M40
5	370	Büngeler	Herbert	57	DLC Aachen	10:01,83	17:27,08	36:15,12	<b>1:03:44,03</b>	M50
6	376	Wölfel	Wilhelm	60	TuS Weiershagen-Forst	10:16,56	17:48,60	37:00,00	<b>1:05:05,16</b>	M45
7	178	Hymmen	Werner	53	TG Neuss	10:29,76	17:57,37	37:07,42	<b>1:05:34,55</b>	M50
8	176	Schmidt	Friedbert	62	TV Ruppichterath	10:32,08	17:57,04	37:08,12	<b>1:05:37,24</b>	M45
9	184	Füchtler	Klaus	60	Vfl Engelskirchen	10:28,44	17:56,32	37:13,42	<b>1:05:38,18</b>	M45
10	193	Niederwipper	Harald	62	TSV Rönsahl	10:31,25	18:04,17	37:17,18	<b>1:05:52,60</b>	M45
11	379	Redlich	Michael	61	TUS Weiershagen-Forst	10:40,06	17:57,08	37:28,61	<b>1:06:05,75</b>	M45
12	390	Liesen	Bernhard	57	TV Hasslinghausen	10:59,39	18:42,93	39:14,84	<b>1:08:57,16</b>	M50
13	380	Mauter	Jörg	65	Wiehltaler LC	11:05,31	19:26,77	38:27,30	<b>1:08:59,38</b>	M40
14	389	Stöcker	Herbert	50	Pulheimer SC	11:39,38	19:27,87	39:48,70	<b>1:10:55,95</b>	M55
15	156	Baldus	Alexander	67	ESV Gremberghoven	11:14,93	19:50,34	39:53,91	<b>1:10:59,18</b>	M40
16	166	Reinartz	Karl-Josef	51	Oberodenthaler SC	11:25,36	19:43,99	40:49,76	<b>1:11:59,11</b>	M55
17	164	Hayner	Hans-Martin	63	TG Neuss	11:36,99	19:38,15	41:05,37	<b>1:12:20,51</b>	M40
18	154	Kuhl	Dietmar	67	THC Rot-Weiß Berg.Glb.	11:10,77	20:04,33	41:57,83	<b>1:13:12,93</b>	M40
19	165	Waldoff	Michael	61	ASV Köln	11:47,59	20:07,28	41:20,08	<b>1:13:14,95</b>	M45
20	160	Podzus	Horst	61	Bergisch Gladbach	11:40,48	20:20,23	41:54,12	<b>1:13:54,83</b>	M45
21	384	Orth	Hermann Josef	50	TV Hoffnungsthal	11:54,32	20:54,67	43:25,16	<b>1:16:14,15</b>	M55
22	227	Krüger	Gerhard	40	TV Refrath	12:10,27	21:38,00	44:22,18	<b>1:18:10,45</b>	M65
23	344	Metzinger	Jürgen	67	Bergisch Gladbach	12:20,94	21:36,19	44:23,23	<b>1:18:20,36</b>	M40
24	341	Hauptmann	Dietmar	67	Overath	12:23,05	21:21,79	45:34,20	<b>1:19:19,04</b>	M40
25	348	Müller	Johann Baptist	46	ART Düsseldorf	12:26,21	21:46,38	46:53,81	<b>1:21:06,40</b>	M60
26	367	Fischer	Wilhelm	41	LG Gummersbach	13:50,57	22:47,94	46:32,32	<b>1:23:10,83</b>	M65